WELCOME TO NBCC
FREDERICTON CAMPUS GUIDE
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WELCOME TO NBCC FREDERICTON CAMPUS!
The following information will help to guide you through the process of transitioning to NBCC Fredericton. We look forward to meeting you on campus.

Securing a place to stay while studying at NBCC is an important step. This guide provides information to help you through the process.

Before you review the information and listings below, please note:

**NBCC DOES NOT RECOMMEND OR ENDORSE ANY LISTING.**
The information provided on this site is purely for the convenience of NBCC students and the college does not recommend or endorse any of the Rental sites listed within this document.

**IT IS YOUR RESPONSIBILITY TO INSPECT AND INVESTIGATE ANY LISTING.**
It is the responsibility of the student to contact the landlord directly. NBCC highly recommends a personal inspection of the premises and review of all arrangements with the landlord. Any student who does not feel qualified to entertain these investigations should seek either parental advice or professional assistance.

**AS A TENANT, YOU MAY BE ASSUMING PERSONAL LIABILITY RISKS AND SHOULD CONSIDER INSURANCE.**
Students are also warned that as tenants they may potentially incur risks which expose them to personal liability as occupiers of property. All students are urged to review the issue of insurance with their landlord and/or their own insurance agents.

**NBCC IS NOT LIABLE FOR YOUR USE OF THIS INFORMATION.**
NBCC does not make any representations about or endorse any of the companies/websites provided within this document and provide no guarantee that any listing is trustworthy, safe or suitable. NBCC is not responsible for any damage or losses resulting from your use of this information.

Your tuition fees do not include accommodation. It is your responsibility to secure a safe and appropriate accommodation.
DECIDING WHERE TO LIVE

NBCC is located in "Fredericton South". If you are intending on walking to college, you may want to focus your search in this area. (See map).
THINGS YOU SHOULD CONSIDER WHEN LOOKING FOR A PLACE TO RENT:

• Noise. Is this a quiet building? How many units are in the building? Is the rental in a quiet neighborhood?
• How far is the apartment to the nearest grocery store?
• Are there laundry facilities in the apartment building? If not, where is the closest laundromat?
• Is the apartment furnished or unfurnished?
• Are utilities included with your rent? Example: are heat and electricity included or extra? If utilities are not included in the apartment rent, you will be responsible for arranging for utilities.
• Electricity: https://www.nbpower.com/Welcome.aspx?lang=en
• Internet and/or Phone providers: https://aliant.bell.ca/ https://www.rogers.com/

We strongly recommend that you have your accommodation arranged prior to arrival, which means a contract or lease is signed and all required fees are paid. Once you have your accommodation confirmed, update your address with us immediately. This will help us get in touch with you in case of emergency. It is not uncommon for landlords to ask for a portion of the payment in advance as a deposit. Legally, a landlord can ask for a Security Deposit up to the cost of 1 month’s rent when you sign the lease, but it is not legal for them to ask for any rent before the first day of the lease. Take the time to read and understand your housing/leasing contract carefully to ensure you are meeting the contract requirements in a timely manner. Links with more information on tenant and landlord rights and responsibilities are on the next page.
TENANT RESPONSIBILITIES AND QUICK TIPS

• Find out if heating, electricity and other utilities are included
• You will need to pay double your first month (rent + damage deposit)
• Pay your rent on time
• Keep the rental clean
• Keep any provided items like a stove and fridge clean
• Repair any damage that you or your guests have caused
• Ensure that you or your guests do not create a disturbance or a nuisance (excessive noise)
• It is advisable to do an inspection with the landlord before signing the lease
• Take pictures of the apartment prior to moving in and again when you are moving out
• Ensure all appliances are in working order, refrigerator, stove, heaters
• Ensure all electrical outlets are working properly
• Ensure all taps in kitchen and bathroom function properly
• Ensure all locks on doors and windows and mailbox are working properly
• Is there extra storage space available to tenants
• Is parking available? Is there an extra fee for parking?
WHERE TO SEARCH FOR A PLACE TO LIVE 
FREDERICTON AREA RENTAL COMPANIES 
AND RENTAL WEBSITES:

- Kijiji - https://www.kijiji.ca/b-apartments-condos/fredericton/c37l1700018
- UNB Residence - https://www.unb.ca/fredericton/residence/
- STU Residence - https://www.stu.ca/residence/
- Fredericton and Area Apartment and House Rental – Facebook: https://www.facebook.com/groups/frederictonpropertyrentals/about/

ONCE YOU HAVE SECURED HOUSING 
KNOW YOUR RIGHTS AS A TENANT IN NEW BRUNSWICK

In New Brunswick, we have a governing/regulatory body that is in place to protect both the tenant and the property owner. The following websites provide an abundance of information for individuals looking to rent in New Brunswick:

Service New Brunswick Rental Guide: 
New Brunswick Residential Tenancies Tribunal (Rentalsman): www.snb.ca/irent
Tenant Rights: http://tenantrights.ca/facts/new-brunswick
COST OF LIVING IN FREDERICTON

Please note these costs are estimates of average costs.

RENT
• Rent per month for a 1 bedroom apartment in City Centre is approx., $741.67
• Rent per month for a 1 bedroom apartment Outside City Centre is approx., $609.38
• Rent per month for a 3 bedroom apartment in City Centre is approx., $1,242.86
• Rent per month for a 3 bedroom apartment Outside City Centre is approx., $950.00

UTILITIES
• Basic (Electricity, heating, cooling, water, garbage) for 85m² apartment approx., $153.75
• Internet (60 Mbps or more, unlimited data, Cable/DSL) approx., $80.78

GROCERIES
• 1 liter of milk - $2.13
• Loaf of white bread - $2.70
• 1kg of rice - $4.00
• 1 dozen eggs - $3.45
• 1 kg of apples - $4.14

TRANSPORTATION
• One-way Ticket (Public Transportation) - $2.75
• Student Monthly Bus Pass - $55/month

RESTAURANTS
• Meal at an inexpensive restaurant, approx., $ $15.00
• Meal for 2 at a mid-range restaurant, approx., $60.00

CHILDCARE
• Preschool, full day, private, monthly for 1 child, approx., $650.00 - $850.00 depending on age of child
FREDERICTON AREA SERVICES
EMERGENCY SERVICES – FIRE, POLICE, AMBULANCE – CALL 911

MEDICAL SERVICES
In an emergency, always CALL 911

Free 24 hour Medical Advice: To talk to a nurse on the phone, call 811. This service is free and available 24 hours each day.
Dr. Everett Chalmers Hospital, 700 Priestman Street

FREDERICTON MEDICAL CLINICS, WALK-IN AND NON-EMERGENCY HEALTH CARE:

Regent Street After Hours Clinic
- 1015 Regent Street
- Monday to Friday: Sign-up sheet is put out at 3 pm, registration begins at 5:30 pm.
- Weekends: Sign-up sheet is put out at time of building opening. All patients must be at clinic for registration at 12:30 pm.

Brookside Mall Medical Clinic
- 231 Canada St connected with Pharmasave Pharmacy
- Monday to Friday, 7 am-full
- Dr. Beland Evening Medical Clinic
- 475 Brookside Drive
- Monday to Wednesday: 5:00pm – 8:30pm
- Call (506) 458-5548 from 10:00am – 11:30am and 1:30pm – 3:30pm to book a same-day appointment
- New Maryland After Hours Medical Clinic

636 New Maryland Highway
- Monday to Friday 5:00pm until full.
- Downtown Fredericton Community Health Centre
- 339 King Street
- Monday to Thursday: 8:00am – 8:00pm, Friday 8:30am to 6:30pm. (506) 452-5900
TAXI COMPANIES
- Loyal Taxi – (506) 455-6789
- Checker Cab – (506) 450-8294
- Trius Taxi – (506) 454-4444

PHARMACIES
Fredericton Southside
- UNB Campus Pharmacy – 29 Dineen Drive – (506) 455-2325
- Shoppers Drug Mart – 1015 Regent Street – (506) 459-8888

Fredericton Northside
- Shoppers Drug Mart – 269 Main Street – (506) 451-1550
- PJC Jean Coutu – 598 Union Street – (506) 451-8640

PLACES OF WORSHIP
- Sgooolai Israel Synagogue – 168 Westmorland Street
- Hindu Temple (Geeta Bhawan) – 259 Doak Road
- Fredericton Islamic Association Mosque – 130 Lincoln Road
- Shambhala Meditation – 20 Serenity Lane
- St. Dunstan's Catholic Church – 120 Regent Street
- Brunswick Street Baptist Church – 161 York Street

BANKS
- BMO Bank of Montreal – 505 King Street – (506) 453-0280
- RBC Royal Bank – 504 Queen Street – (506) 453-1710
- Scotiabank – 490 King Street – (506) 452-9800

USED CLOTHING
- Jingler’s – 924 Prospect Street – (506) 454-5758
- Value Village – 371 Bishop Drive – (506) 455-7676

GROCERY STORES
Fredericton Southside
- Atlantic Superstore – 471 Smythe Street
- Sobeys Regent Street – 407 Regent Street
- Walmart Fredericton Supercentre – 1399 Regent Street
Fredericton Northside

- St. Mary’s Supermarket – 150 Cliffe Street
- Atlantic Superstore – 116 Main Street
- Sobeys Brookside Mall – 463 Brookside Drive
- Specialty Grocery Stores
- Aura Whole Foods – 199 Westmorland Street
- Sequoia Fredericton – 494 Queen Street
- Friendship Convenience Store – 606 Albert Street
- The Cultural Market – 28 Saunders Street – Only open on Saturdays
- Boyce Farmer’ Market – 665 George Street – Only Open of Saturdays

PUBLIC SCHOOLS

- The Province of New Brunswick manages the education system. English language education with options for French language immersion programs are available at more than 35 schools in the Fredericton area. Schools are generally divided into:
  - Elementary: Kindergarten through Grade 5
  - Closest to NBCC is Montgomery Street School
  - Middle: Grades 6 through 8
  - Closest to NBCC is Bliss Carman Middle School
  - High: Grades 9 through 12
  - Closest to NBCC is Fredericton High School

DAY CARES

- College Hill Daycare - 850 Montgomery Street – (506) 458-2883
- The Preschool Centre – 717 Windsor Street – (506) 458-8982
- Fredericton Early Learning Center – 351 Aberdeen Street – (506) 452-8894
- Adventureland Day Care – 210 Victoria Street – (506) 455-1863
JOB WEBSITES

- www.NBjobs.ca
- www.Newbrunswickjobs.ca
- www.Careerbeacon.com
- www.Careeraim.com
- www.Workopolis.com
- www.Monster.ca
- www.Indeed.ca
- www.Wowjobs.ca
- www.Kijiji.ca
- https://www2.gnb.ca/content/gnb/en/gateways/employment.html
- https://www2.gnb.ca/content/gnb/en/departments/post-secondary_education_training_and_labour.html
HEALTHCARE AND INSURANCE
GUARD.ME INTERNATIONAL INSURANCE

If you are a registered international student, NBCC automatically purchases insurance for you that will cover you from the first day of the semester. The cost of your international insurance is $300.00 for fall term and $300.00 for winter term.

If you arrive early, you can purchase additional insurance at NBCC’S discounted rate by going to https://www.guard.me/nbcc/earlyarrivals.php. International student’s dependents (spouse and children) are not automatically covered by insurance.

If you need insurance for your dependents, you can buy insurance at NBCC's discounted rate for each of them by going to https://www.guard.me/nbcc/dependents.php.

Your Guard.me card will be delivered to the campus the beginning of October. If you require medical attention prior to receiving your Guard.me card, you are advised to receive the medical treatment required and keep all receipts to submit for refund.

For more information on your Guard.me International Insurance, please go to: https://www.guard.me/nbcc/faqs.php?o=Current%20Students

NEW BRUNSWICK MEDICARE

All international students who possess a valid study permit and can provide proof of full-time registration as a student in New Brunswick are eligible for Medicare coverage, as well as their spouses and dependents. To apply for New Brunswick Medicare, please go to: https://www.pxw1.snb.ca/snb7001/e/1000/CSS-FOL-35-5012E.pdf

Once you have been approved for New Brunswick Medicare, you are eligible to opt-out of Guard.me International Insurance. The opt-out deadline for Guard.me International Insurance is:
Fall Term: September 13, 2019
Winter Term: January 17, 2020
HEALTH AND DENTAL INSURANCE - NBCCSU SUPPLEMENTAL HEALTH AND DENTAL INSURANCE (ALL STUDENTS)

Full-time students are automatically opted in and the plan is mandatory for students in NBCC’s regular programs. Students who are new to the plan will have a validation period of between 45 and 60 days. During this time, benefits can be accessed but must be held until the validation period has passed. After the validation period, new students are activated to the plan.

Students may “opt-out” of this coverage upon provision of proof of alternate equivalent insurance coverage.

Additional coverage for spouse and/or dependents is available. You will have one opportunity to purchase family coverage for your spouse and/or dependents by submitting an application form to the Student Benefits Representative.

The deadline to opt-out of the Health and Dental Insurance or to purchase additional coverage for your spouse and/or dependents is:
Fall Term: September 13, 2019
Winter Term: January 17, 2020

To opt-out or for more information visit www.mystudentplan.ca/nbcc or you can contact the NBCC Student Benefits Plan Office at 1-855-867-6821 (toll free) or nbccplan@mystudentplan.ca.
CULTURAL ASSOCIATIONS IN THE FREDERICTON AREA

Asian Heritage Society of NB
Chair: Madhu Verma
madhuverma@ahsnb.org
Contact: Ms. Monica Sharma
monica.sharma@ahsnb.org

Association of Indo-Canadians
Indo.Canadians@gmail.com
President: Dr. Dhirendra Shukla
Vice President: Mrs. Manisha Varma

Chinese Cultural Association of New Brunswick
Website: www.ccanb.ca
Email: ccanbcommunications@gmail.com
WeChat (微信群): CCANB-NB (省华人协会)
Mailing address:
P.O. Box 101, Station A, Fredericton NB E3B 4Y2
President: Liz Zhang
V.P. internal: Jindong Tang
V.P. external: Zhang Zhang
Secretary: Philip Lee
Treasure: Lisa Ma
General Manager: Marshall Yang
Education Chair: Tong Zhao
Education Co-chair: Shuang Sha
Public Relation: vacant
Past president: Jenny Zhang

DutchTreat
Gerry Blom
506 451 0993
dutchtruck@rogers.com
Filipino Association of New Brunswick
http://www.fanb.org/
Provincial Executive Board: Pyett Lai
Fredericton Chapter Chair: Yiyrς Truly
* All correspondences go to:
  Pyett Lai: stellar_p@yahoo.com
  Gesmundo Marissa: magesmundo98@yahoo.com

Filipino-Canadian Community of New Brunswick
http://pinoys.org
President: Gina Moreno
  kabayan@pinoys.org
Vice President: Dexter Margate
Secretary: Josie Mooers
Treasurer: Heidi Abad
Auditor: Katrina Dimayacyac
PRO: Sharon Jaucian
Sargent-at-arms: Rudy Morales
Board of Directors:
  Roland Moreno/Jerry Celeste/Brian Nano

Fredericton Caribbean Association:
Outar.am@gmail.com
Mark Outar
(705) 321-8969

Fredericton Islamic Association
http://www.fianb.com/
Email: frederictonislamicassociation@gmail.com
Mr. Muhammad Rashid - President
Ph: (506) 455-5920
130 Lincoln Road
Fredericton, New Brunswick E3B 2A3
**Fredericton Scottish Country Dance Group**
Contact: Dr George DeMille (Secretary)
(506) 459-1436
demille@anb.ca
Connie Moore
(506) 455-1923
connie.moore@gnb.ca

**Indonesian Association of Fredericton**
Contact: Natali Caswell
Email: natnlee_66@yahoo.com
2nd contact: Dellya larasati
Email: dellya.larasati@gmail.com

**Iranian Canadian Association of NB**
ICANB.ASSOCIATION@gmail.com
Office: 506.455.4444
Cell: 506.897.1743
Website: www.icanb.ca
Address: 28 Rue Saunders St. Unit 119 Fredericton, NB E3B 1N1
President: Anoushe Mirshams
Vice President: Peymaneh Babory
Accountant: Bahram Parto
Secretary: Nazanin Sedaghat
UNB Persia Representative: Mehrnoush Talebi
Students Representative and liaison between ICANB&MCAF: Ismaeal Foroughi
Responsible for Supplies: Ibrahim Abedi

**Iraqi Association of Fredericton**
President: Intesar Saeed
Phone: (506) 206-3765
e-mail: Intesar.saeed@gmail.com
**Irish Canadian Cultural Association of New Brunswick**  
http://www.newirelandnb.ca/  
Contact:  
President: Bruce Driscoll  
Tel: 357-8283  
BDRISCN618@rogers.com  
Past President: Mary Beth Gorey  
mbgorey1@gmail.com

**Japanese Association of Fredericton**  
Haruka Kudo  
(506) 450-5036  
(506) 454-8292 (w)  
jpassociation@gmail.com

**Jewish Students Services of Fredericton**  
http://unb.synagogue.at  
Jeffrey Cyr  
jeff.cyr@hotmail.com

**Jewish Synagogue**  
Sgoolai Israel  
454-9698  
sgoolai@nbnet.nb.ca  
Kenneth Zisook (Rabbi)  
rebzis@hotmail.com

**Korean Association of Fredericton**  
http://cafe.naver.com/frederictonkorean.cafe  
contact: Sungmi Song  
phone: (506) 471-0324  
email: sungmi.song@mcaf.nb.ca
Lebanese Association
St.Charbel's Church, 299 Argyle Street
Fredericton NB E3B 1T8
Contact
Chadi Kattan: fredericton.stcharbel@gmail.com

Local Spiritual Assembly of the Baha’i’s of Fredericton
Ryan Brennan - President
frederictonlsa@gmail.com

Nepali Cultural Association of NB
Website: www.ncanb.ca
President: Rudra Adhikari
Email: adhikari.rudra@gmail.com
Phone: 506 4619390
Mailing address: 98 Ridgeline Crescent,
Fredericton, NB, E3C 0E9

NB African Association
Website: http://nbafricans.com/
President: Saa Andrew Gbongbor
president@nbaa.ca
Vice- President - Aaron Byemba
Treasurer - Henry Badiako
Director of Social Activities - Hassan Yusuf
Youth Coordinator - Tanaka Chin
Secretary - Samuel Hanson
Past President: Chris Mbarga
NB Latino Association
http://www.nblatino.ca/
President: Daniel Humberto Perez Torres
dperez_torres@hotmail.com
Misael Abreus : misaelabreus@yahoo.com
Óscar Solano : solanoconsultores@hotmail.com
Hugues Montminy: hmontminy@gmail.com
Iván Barroeta: ivan.barroeta@buendia.ca
Oscar Paz: opazm@hotmail.com

NB Scottish Cultural Association Inc.
http://www.nbscots.com/
P.O. Box 781
Fredericton, NB
E3B 5B4
Mel Fitton - President
mel.fitton@xplornet.ca
Susan Bleakney, Corresponding Secretary
1-877-627-2234
www.nbscots.com
Email: info@nbscots.com

Pak-Canadian Association of NB
Contact: Dr. Kanza A. Hashmat
kanzaa@hotmail.com

Ukrainian community
Contact: Halyna Ivanova
halyna.ivanova@mcaf.nb.ca

Vietnamese Association
Contact: Mann Thu
mannthu@yahoo.com
THINGS TO SEE AND DO AROUND FREDERICTON

We hope that while you are studying at NBCC, you explore and get to know our city and province. Fredericton is a beautiful city with a lot to see and do. Here are just a few places and events that we think you will enjoy.

**Boyce Farmers Market:** [http://frederictonfarmersmarket.ca/](http://frederictonfarmersmarket.ca/)

**Cultural Market:** [https://theculturalmarket.ca/](https://theculturalmarket.ca/)

Harvest Jazz and Blues Festival: http://www.harvestjazzandblues.com/

Kings Landing: http://kingslanding.nb.ca/